



The German Kuo Shu Federation

Sports medical examination Suggestion for doctors

Surname, First name: Examination date:

Date of birth: Investigator/in:

1. Head/Neck

Eyes

Visual acuity Glasses/contact lenses re left.....

Nose

Paranasal sinuses

Teeth

Throat/tonsils

Ears/eardrums

Thyroid

other

2. Thorax/Lungs

Auscultation

Percussion

Rib thorax

other



3. Cardiovascular system

Pulse: /min BP: mmHg

Auscultation

Heart sounds

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Peripheral pulse

Veins

4. Lymph nodes

cervical right/left axillary right/left

inguinal right/left other

5. Skin

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6. Abdomen

Palpation

Liver

Spleen

Kidney logs

Hernias/ Genitals

7. Nervous system

Reflexes ASR right/left PSR right/left andere

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Sensitivity

Motor skills

8. Spine/Trunk

Gait/posture

Back shape

Pelvis obliquity to the right left minus cm

Sacroiliac joint

Leg length

Cervial spine

Thoracic spine

Lumbar spine

Shoulder girdle

Elbows

Hands

Hip

Knee

Hock

Feet



9. Blood Circulatory System

Resting ECG

Stress ECG

EEG (mandatory after a protective ban as a result of a knockout)

Sport-specific findings

Muscle lengths/flexibility

Please mark pathological findings:

